

READING LIST FOR OBSESSIVE-COMPULSIVE DISORDER

Blink, Blink, Clap, Clap: Why do we do Things we Can't Stop? An OCD Storybook, by E. Katia Moritz, PhD, 2001.

The Boy Who Couldn't Stop Washing: The Experience and Treatment of OCD, by Judith Rapoport, MD, 1991.

Brain Lock: Free Yourself From Obsessive-Compulsive Behavior, by Jeffrey Schwartz, 1996.

The Imp of the Mind: Exploring the Silent Epidemic of Obsessive Bad Thoughts by Lee Baer PhD, 2000.

Up and Down the Worry Hill: A Children's Book about Obsessive-Compulsive Disorder and it's Treatment, by Aureen P. Wagner PhD 2004.

Stop Obsessing: How to Overcome Your Obsessions and Compulsions, by Edna Foa PhD, 1991.

What to do When Your Brain Gets Stuck: A Kid's Guide to Overcoming OCD by Dawn Huebner, PhD, 2007.

The Boy Who Finally Stopped Washing: OCD from Both Sides of the Couch, by John B 2008.

Talking Back to OCD by John March MD, 2007.